

Wellbeing Coordinator Service

helping you live your life!



Engage...Connect...Motivate...

Wellbeing Coordinator Service

Want to improve your
wellbeing and quality of life?

Are your health conditions
inhibiting your lifestyle choice?

Wellbeing Programme

- helping you live your life!

- We offer a FREE programme to people aged 50+ with two long term health conditions
- We can support you to make the lifestyle choices that matter to you

FIND OUT MORE ABOUT THE WELLBEING PROGRAMME

- Speak to your GP, Nurse, health professional or ask at reception for further details on how to refer or
- Speak to a member of the Wellbeing Team at KingsCare on 01626 357090

